



2nd October 2026

Dear Parent/ Carer,

YEAR THREE AND FOUR: ROMAN DAY

On Thursday 22nd October, we will be holding a special Roman Day as part of our history learning. The children will spend the whole day taking part in a range of exciting Roman-themed activities, helping to bring their learning to life through an immersive and engaging experience.

To make the day even more memorable, we encourage all children to come to school dressed as a Roman. Costumes can be as simple or as elaborate as you wish, and there is no expectation to purchase anything specifically for the event. A simple homemade tunic, created from an old sheet or large T-shirt, would be perfectly suitable. Some suggestions can be found below. We look forward to seeing the children's creativity and enthusiasm as they immerse themselves in our Roman Day experience.

It will be fantastic day filled with hands-on activities, challenges and opportunities for the children to step back in time and experience life as a Roman!

Thank you for your support.

Miss Cara Howell

Acting Assistant Headteacher, Crosshall Junior School

MAKE YOUR OWN ROMAN COSTUME

3 simple, low-cost ideas using things you can find at home

1. The Classic Toga

YOU WILL NEED

- A large white sheet, pillowcase or old white duvet cover
- A belt, dressing-gown tie or strip of fabric
- Sandals or plain shoes

HOW TO MAKE IT

1. Fold the sheet lengthways so it is not too long.
2. Hold one end at your shoulder and wrap the rest around your body.
3. Tuck or pin the fabric securely at the shoulder and around the waist.
4. Add a belt or tie around the waist. Leave one arm free.
5. Finish with sandals or simple shoes.

2. T-Shirt Roman Tunic

YOU WILL NEED

- An oversized plain white/cream T-shirt
- A belt or strip of fabric
- Gold/yellow paper or fabric for a trim
- Plain trousers/leggings and shoes

HOW TO MAKE IT

1. Put the oversized T-shirt on over clothes.
2. Cut or tear a strip of gold/yellow paper or fabric (ask an adult if cutting is needed).
3. Add the strip as a simple border around the bottom or sleeves.
4. Tie the belt loosely around the waist.
5. Optional: add a paper laurel wreath (see idea 3).

3. Tunic + Laurel Wreath

YOU WILL NEED

- A pillowcase or plain oversized T-shirt
- Green paper/card or a paper plate
- A belt or ribbon
- Tape or glue
- Scissors (adult help if needed)

HOW TO MAKE IT

1. Make the simple tunic using a pillowcase or oversized T-shirt.
2. Draw leaf shapes on green paper/card and cut them out.
3. Arrange the leaves around a strip of card to make a headband.
4. Tape or glue the ends together so it fits comfortably.
5. Add the belt and wear the wreath like a Roman citizen.

Tip: Keep everything comfortable and safe for school. Avoid sharp objects, loose cords and anything that could restrict movement.

ROMAN DETAILS YOU CAN ADD

Paper coins • cardboard shield • gold/yellow trim • laurel wreath • simple belt • sandals